

ENSO INTERNATIONAL BEACH VOLLEY TRAINING CAMP & TOURNAMENTS 2023

**SEPTEMBER 7th -11th , 2023
VARKIZA RESORT, ATHENS, GREECE**

WHAT'S INCLUDED

- 4-night stay in the 3-star Stefanakis Hotel, located 5 minutes by foot from Varkiza Resort
- Lunch every day at one of several Varkiza Restaurants near the beach or in Athens for the day trip on Saturday.
- 4 or 5 total training sessions.
- Access to 7 Beach Volleyball courts and balls for free during non-training and tournament hours
- Entrance to the final Sunday open tournament (both men's, women's and mixed).
- 1 theoretical lecture.
- 1 Morning Yoga session.
- An official camp jersey and other surprises from our sponsors
- 20% discount on all water sports activities
- 20% discount on all restaurants and beach bars at Varkiza Resort

WHAT'S NOT INCLUDED

- Flight and transfer
- Sightseeing Tour to Athens.

Program

Thursday, September 7th

14:00-15:00	Arrival at the hotel, check in after 14:00.
14:30-16:00	Lunch
16:00-17:30	Free time, beach activities
17:30-19:00	Afternoon training session
19:30-22:00	Dinner and get to know time with the group

Friday, September 8th

08:00-09:30	Wake-up, breakfast at hotel
09:00-10:00	Yoga session at Varkiza Resort
10:00-11:30	Morning training session
13:00-14:00	Lunch
14:00-16:30	Free time, beach activities
16:30-18:00	Afternoon training session
19:00-00:00	Dinner & night out in Athens, optional

Saturday, September 9th

08:00-09:30	Wake-up, breakfast at hotel
10:00-11:30	Morning training session
11:30-19:00	Trip to Athens for sightseeing and shopping (including lunch)
19:00-00:00	Dinner & night out in Athens, optional

Sunday, September 10th

08:30-10:00	Wake-up, breakfast at hotel
10:00-20:00	Closing Tournament
13:00-14:00	Lunch

Monday, September 11th

08:30-12:00	Wake-up, breakfast at hotel
	Check-out.

*let us know if you want to arrive earlier or leave later, it can be arranged!

BOOKING AND PAYMENT

- **Package Accommodation + Training**

Double room

Price for one participant 340 EUR (includes 4 nights hotel, 4 or 5 training sessions & 4 lunches)

*Please note – all rooms are either double occupancy or 4-person occupancy apartments.

Following completion and sending of the application, you will receive an e-mail with confirmation of your reservation, plus instructions for deposit payment (50% of total cost).

Please note that without deposit payment your place in the camp is not guaranteed. Deposit must be paid within 15 days from the application date. Deposits are non-refundable.

The balance must be paid by September 1st.

CAN I JOIN? I AM NOT PROFESSIONAL

ENSO International Beach Volleyball Camp is truly for players of all skill levels and ages. It doesn't matter if you are a beginner who has just recently started playing or an experienced player looking to fine-tune your skills. Whether you are travelling alone or with the family, we guarantee that you will have a fantastic time in a positive atmosphere with people from all over the world! Not to mention the world-class facilities and beach at Varkiza Resort!